Social Farming Ireland is excited to announce they are holding a **Social Farming Awareness Week**, to promote social farming as a viable option for both those in need of this support and for farmers.



This week will take place from the **3<sup>rd</sup> of October to the 7<sup>th</sup> of October** with one of our farms hosting an open morning each day of the week.

The open days are Donegal, Cork, Meath, Galway & Waterford in a variety of different farm settings.

- We start the week on Monday on a busy dairy farm near Ballyshannon in Donegal where Andrew and Elspeth host participants and offer many other activities on their varied farm overlooking the Erne estuary and Donegal Bay.
- On Tuesday we have the Batemans family farm in Crookstown in Cork. Michael, Shirley and their children run a large dairy farm and milk over 600 cows on a rotary milker. There is a vegetable garden and many other opportunities for inclusion with this couple who have much experience in helping people throughout their life together.
- On Wednesday it's over to Athboy in Meath where Emma Jane hosts participants on her small holding where they offer activities with horses and gardening.
- On Thursday a farm near Athenry in Galway opens, this is a sheep farm where Mary and her son Niall host participants who can engage in growing fruit and vegetables as well as with the animals which include some fancy fowl.
- Friday, we wrap up the week in Dungarvan in Waterford on the O'Grady farm. On the farm, Gerard primarily has sheep and cattle, and also has a garden and polytunnel for growing fruit and veg.

We would be delighted if you could join us on one of these days to see a sample of what our farms offer and hear some stories of people's experiences on these farms.

All participants, families, farmers, service providers, or anyone interested in learning about the benefits of social farming are welcome!

Please see flyer for booking information.

