

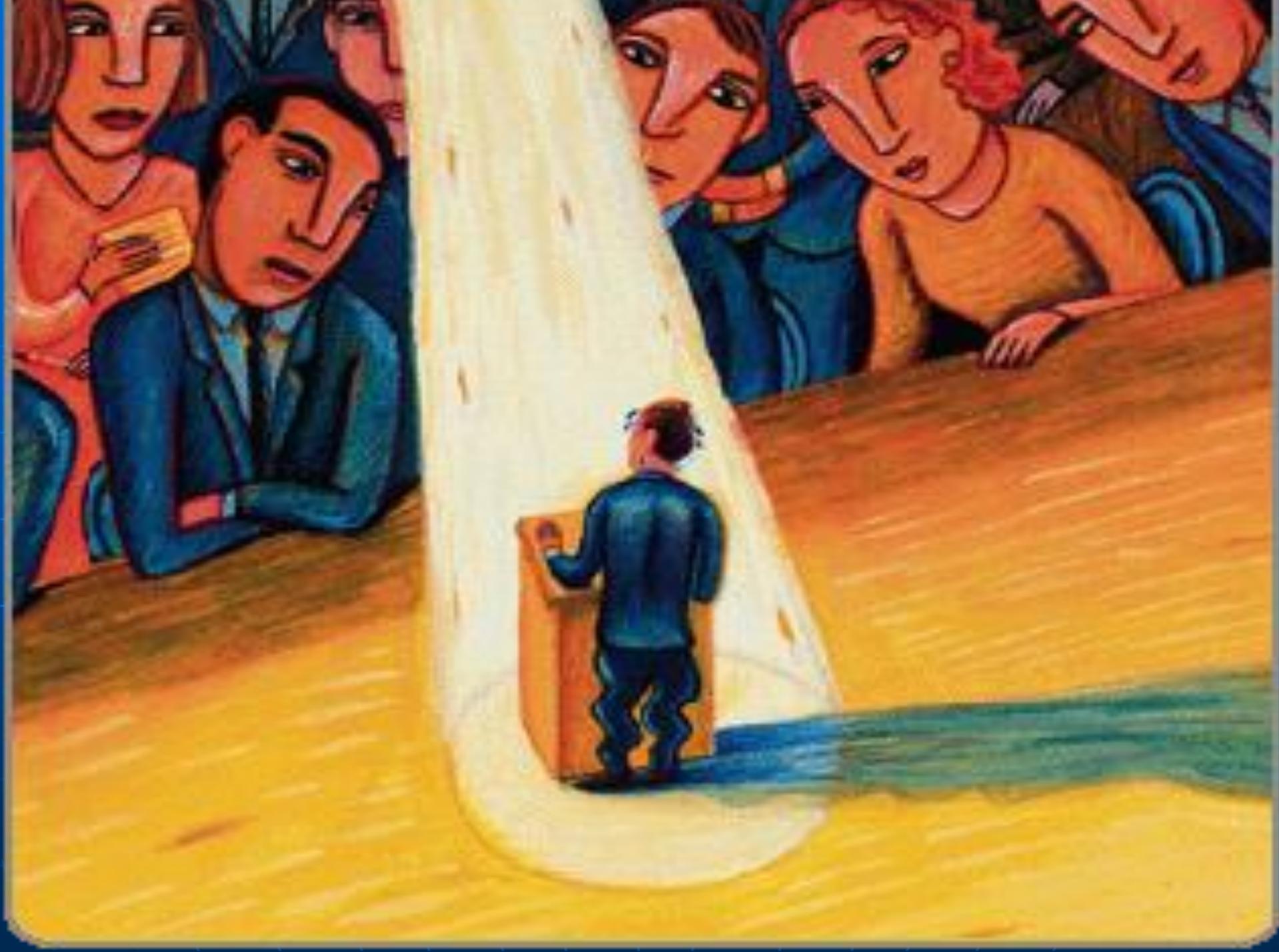
Seamus Logan Assistant Director,  
(Performance Management and Service Improvement)

Health and Social Care Board

and

Denise McCallion, Senior Officer  
(Health and Social Wellbeing Improvement)

Public Health Agency



# Health and Social Care Board

- Established formally in April, 2009
- Three core functions
  - Commissioning
  - Financial management
  - Service improvement/performance management
- Budget of £4bn plus
- Northern Ireland “Health and Social Care plc”

# About me...

- Mental Health Social Worker since 1982
- Main experience in Hospital (6 years), Community (3 years), Management (5 years), Commissioning (12 years) and PMSI (4 years)
- Member of Bamford groups including Adult Mental Health Review Group
- Former member of the Mental Health Commission for Northern Ireland
- Health Foundation Fellow



# The changes(!!!) in 30 years...

- Funding+++
- Public attitudes and stigma
- From a “medical” model to a “recovery” model
- Fewer hospital beds
- More community care
- User and carer involvement
- Home treatment+++
- Therapy+++
- Suicide+++

# Day support

- Day centres to Drop-in Centres to Club Houses to Social Firms
- Knitting to horticulture
- Day Care Without Walls (2000)
- Care Management to Person Centred Care to Personalisation to Individual Budgets
- Care to Support to Employment
- The benefits of economic activity



# No mental health without health

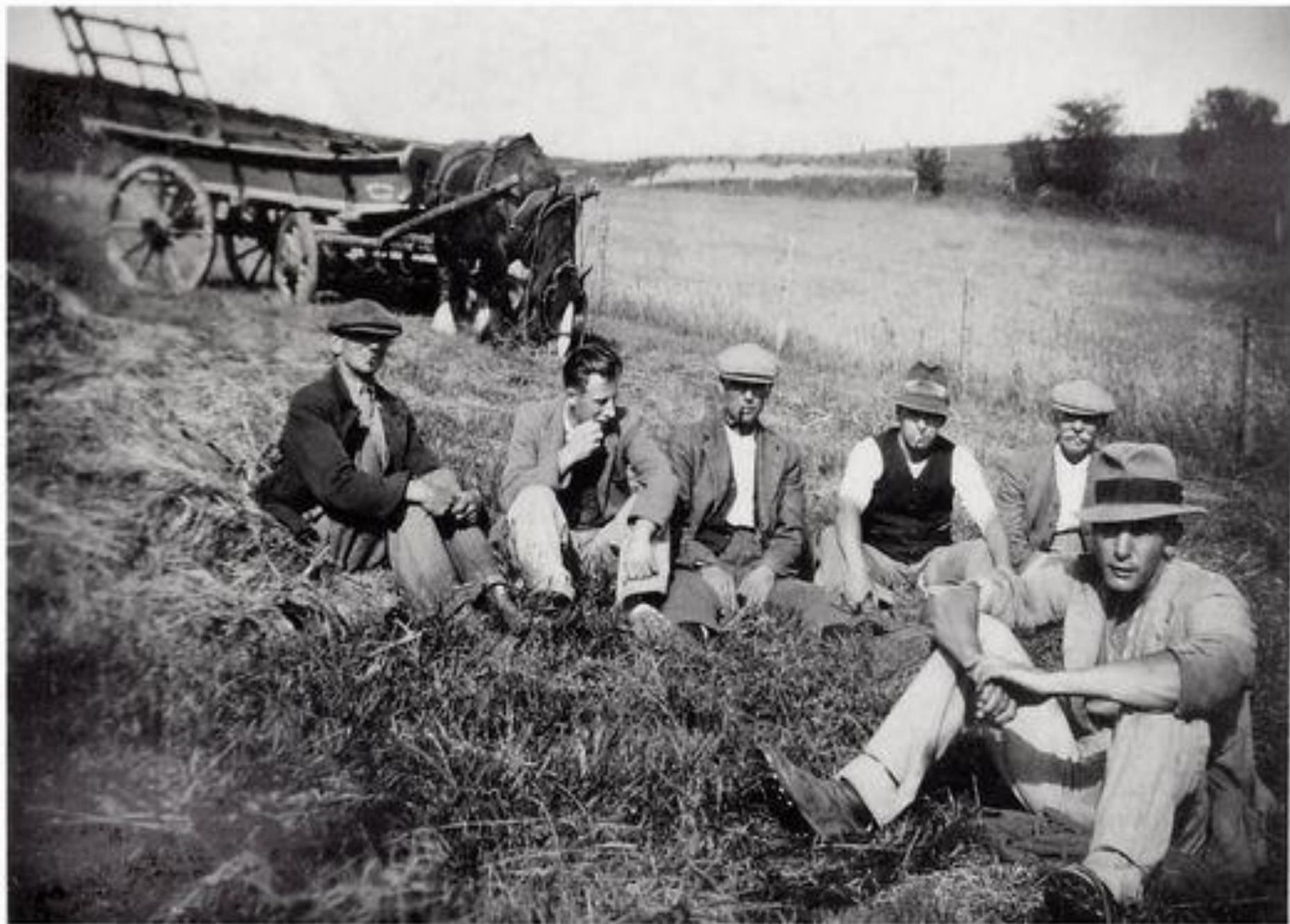
- Physical well-being and mood - the benefits of physical exercise
  - for example, "Current Opinion in Psychiatry: March 2005 - Volume 18 - Issue 2 - p 189-193" in 'Behavioural Medicine'
- Combating the side effects of medication
  - <http://www.rcpsych.ac.uk/expertadvice/treatments/antidepressants.aspx>
- Alcohol/drugs and mental illness
- Nature and the outdoors

# A “traditional” commissioning model of mental health care

- Hospitals
- Community mental health teams
- Day services
- Residential, nursing and domiciliary care
- Talking therapies
- Advocacy

# A more radical model...

- Self help
- Consumer driven services
- Holistic commissioning
- Health and well being;
  - Alcohol, smoking and drugs
  - Obesity, exercise and indoors/outdoors balance
  - Relationships, circles of support and social capital



# Whither “Social Farming”?

## Possible positives....

- Individual clinical benefits
- Quality of life
- Social inclusion and integration
- Farmers, their families - rural communities and stigma

## Possible (unlikely) negatives...

- Additional income without commitment
- Cheap labour
- Compulsion and choice

# Public Health Agency

## Health and Social Wellbeing Improvement

### Rural Initiatives

- Denise McCallion
- Health and Social Wellbeing Improvement  
Senior Officer

# PHA Key Themes



# Health & Social Wellbeing

- Fuel poverty
- Older peoples plans
- Allotments – Green Gym/Community Gardens
- Tobacco
- Drug & Alcohol
- Suicide Prevention

# Maximising Access in Rural Areas

- Regional Project aimed at improving Health and Well-being and social exclusion of Households in Rural Areas
- Households receive a home visit by trained enabler and are referred for various services, grants and benefits under
- These include referrals to rural community transport, smart pass (for free or half fare travel), energy savings homes scheme (warm homes), assessments from occupational therapists (OTs) for disabled facilities grants, home safety checks (district council) , benefit entitlement checks (social security agency) and any other local or social services available in their area.
- Target groups - older people, carers, disabled people, lone parents, ethnic minorities, lone adults, farm families and/or low income families.

# Farm Families Health Checks

- One-stop mobile facility
- Free health assessments (medical assessment & lifestyle assessment)
- Confidential & tailored advice
- Local support services
- Signposting

# Rafael – Public Procurement

- Increase the proportion of fresh, local and sustainable food going into hospitals and the health care sector.
- Increase knowledge and awareness of the needs of the health sector among food companies.
- Increase knowledge and awareness of the vibrancy of local farming and food industry among buyers and the health sector.
- Increase tendering for health contracts by local producers through the provision of mentoring support.

# Flexicare Service Model -WHST

- Older People's Social Inclusion Project
- Enable older people to attend health promotion and community events
- Support independent living
  - Shopping
  - Individual Support
  - Handy Help Home maintenance scheme
  - Befriending
  - Sitting Service